A flexible system for a wide variety of clinical, research and private-practice medical applications

The applications of the Body Monitoring System are numerous. Many clinical and research programs can benefit from an affordable, accurate, and wearable method of monitoring a patient or subject’s lifestyle outside of the confines of the lab or physician’s office. The system is invaluable in any program where it is required to track and monitor energy expenditure, physical activity, lifestyle and quality of life, behavior, stress level, or other related data.

Possible applications include:
- Diabetes
- Cardiology
- Endocrinology
- Rehabilitation
- Metabolic Disorders
- Geriatrics
- Nutrition
- Internal Medicine
- Castrometerology
- Clinical Trials
- Pediatrics
- Preventive Medicine
- Pulmonary
- Wellness/fitness
- COPD
- Occupational Medicine
- Sleep
- And more

A wearable metabolic physical activity and lifestyle monitoring

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Technical Specifications, Armband:
- Weight with adjustable strap: 82.2g (2.9 oz)
- Size: 88.4mm x 56.4mm x 21.4mm (3.45 in x 2.2 in x 0.85 in)
- Power: 1 AAA-size battery, 1.5 V, commercially available
- Materials:
  - Armband Monitor: ABS, urethane, FDA approved co-polyester, hypoallergenic grade stainless steel
  - Adjustable strap: nylon, polyester, poly-isoprene (latex free)
- Temperature / humidity of operation: 0° C - 45° C / 100% RH
- Internal memory size: 12 days (at 1 min sampling frequency)

The Bodymedia® Body Monitoring System comes with:
- 1 Monitor SenseWear PRO2 Armband
- 2 Adjustable straps (normal and large) with velcro strap (pediatric size optional)
- 1 USB cable
- 2 batteries, 1.5 V, AAA size
- Multilanguage Quick reference Getting Started Guide with instructions for first use and installation
- Multilanguage Software Interface (with 30 days trial of InnerView Professional) with on-line help manual
- Multilanguage Operator Manual

Marketed by:
122 Temporary St.
Medupville, NY 15515
USA
P. 714.141.5123
F. 714.141.5124
www.medup.com

Used by clinical and research departments worldwide, the Body Monitoring System and SenseWear Armband is scientifically-validated and featured in dozens of protocols and white papers. An up-to-date bibliography is available upon request from your local BodyMedia distributor.

Today
- Daily energy expenditure: 2,146 Calories
- Physical Activity Duration (PAD): 0 hrs 25 min
- Average METS Level: 1.4
- Sleep Duration: 7 hrs 48 min
- Last 7 Days
- Daily Average
- Energy Expenditure: 2,027 Calories
- Physical Activity Duration: 0 hrs 25 min
- Average METS Level: 1.4
- Total Number of Steps: 6,498
- Sleep Duration: 7 hrs 48 min

We are a BodyMedia® product, made in the USA.
Introducing the BodyMedia® Body Monitoring System

A versatile, clinically-validated lifestyle monitoring system that allows you to see your patients’ day-to-day metabolic physical activity and more

The BodyMedia Body Monitoring System acts as a metabolic Holter monitor, allowing you to conveniently collect and analyze accurate metabolic physical activity and lifestyle information about your patients in a free-living context.

The system includes the SenseWear® Armband, a comfortable, clinically-validated device that is worn on the back of the upper arm. The Armband continuously records an array of physiological data. The collected data is then analyzed and organized into graphs and reports that clearly display your patients’ energy expenditure (calories burned), duration and level of physical activity, number of steps taken, and sleep/wake states.

The slim design of the Armband minimizes interference with the day-to-day activity of the patient. It can be discreetly worn under clothing and, unlike other types of single-sensor monitors, patients can comfortably wear the monitor while sleeping, exercising or simply going about their daily routine. These features make the Armband ideal for a variety of clinical and research applications.

The Body Monitoring System provides two methods for collecting data from your patients. You can simply give your patients an Armband and have them return it at the end of the monitoring period. The Armband will hold up to 12 days of continuous data which you can download and analyze using our InnerView® or InnerView® Professional Software. Alternatively, you can give your patients a simple software application (InnerView® Retrieve) to take with them so they can retrieve the data file and e-mail it to you.

Affordable and Accurate

The system integrates 4 physiological sensors that can identify a broad range of body statistics and activity contexts making it an ideal tool for a variety of clinical applications.

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